

# LACROSSE *America*



## NORTH SHORE INDOOR SPORTS (NORTHBROOK)

600 WAUKEGAN RD., NORTHBROOK IL 60062

**GET A STEP UP ON YOUR SPRING COMPETITION BY PLAYING INDOOR LACROSSE!!!**

Fall/winter indoor lacrosse is THE BEST TIME to improve your game before the upcoming spring season. Enhance your stick skills, conditioning, communication, ability to move in traffic, footwork, shooting, dodging...the list goes on. Not only do the close quarters of indoor lacrosse improve your skill, it also provides some of the most exciting, fast-paced lacrosse you will ever play. BE A BETTER PLAYER BY SPRING!

PROGRAM	START	LENGTH	DAY	START TIME WINDOW	COST
*Boys Grade K-3 Beginner and Experienced Program Session 1	Nov. 7	6 Weeks	Saturday	11AM-2:00PM	\$150
*Boys Grade K-3 Beginner and Experienced Program Session 2	Jan. 9	8 Weeks	Saturday	11AM-2:00PM	\$280
<b>-BEST VALUE</b> – Register for both sessions now and save \$80! Must select “Best Value” while registering.					<b>\$350</b>
*Boys Grade 4-6 Beginner Program Session 1	Nov. 7	6 Weeks	Saturday	11AM-2:00PM	\$150
*Boys Grade 4-6 Beginner Program Session 2	Jan. 9	8 Weeks	Saturday	11AM-2:00PM	\$280
<b>-BEST VALUE</b> – Register for both sessions now and save \$80! Must select “Best Value” while registering.					<b>\$350</b>
*Boys Grade 7-8 Beginner Program Session 1	Nov. 7	6 Weeks	Saturday	11AM-2:00PM	\$150
*Boys Grade 7-8 Beginner Program Session 2	Jan. 9	8 Weeks	Saturday	11AM-2:00PM	\$280
<b>-BEST VALUE</b> – Register for both sessions now and save \$80! Must select “Best Value” while registering.					<b>\$350</b>
*Boys Grade 4-5 Experienced League Session 1	Nov. 7	6 Weeks	Saturday	1-4:30PM	\$150
*Boys Grade 4-5 Experienced League Session 2	Jan. 9	8 Weeks	Saturday	1-4:30PM	\$280
<b>-BEST VALUE</b> – Register for both sessions now and save \$80! Must select “Best Value” while registering.					<b>\$350</b>
*MENS League Session 1	Nov. 4	6 Weeks	Wed.	7-9:00PM	\$135
*MENS League Session 2	Jan. 6	8 Weeks	Wed	7-9:00PM	\$225
<b>-BEST VALUE</b> – Register for both sessions now and save \$80! Must select “Best Value” while registering.					<b>\$280</b>
<b>Email <a href="mailto:gary.h@lacrosseamerica.com">gary.h@lacrosseamerica.com</a> for team pricing.</b>					

\*EXPERIENCED 6-8<sup>TH</sup> GRADERS AND EXPERIENCED HIGH SCHOOLERS SHOULD REGISTER FOR THE LACROSSE AMERICA INDOOR LEAGUES AT THE HIGHLAND PARK SPORTS DOME.

\*”EXPERIENCED” PROGRAMS RECOMMENDED FOR PLAYERS WITH AT LEAST 1 YEAR OF PLAYING EXPERIENCE. LACROSSE AMERICA RECOMMENDS THAT PLAYERS REGISTER FOR BOTH SESSIONS OF A BEGINNER PROGRAM. COACHES WILL EVALUATE PLAYERS THROUGHOUT THE SEASON AND LET PLAYERS KNOW WHEN THEY ARE READY TO MOVE TO THE EXPERIENCED LEAGUE.

**SEE PAGE 2 FOR FREQUENTLY ASKED QUESTIONS**

## FREQUENTLY ASKED INDOOR QUESTIONS:

**BEST VALUE REGISTRATION:** To get the “Best Value” price you must initially register for the “Best Value” option. You may not register for session 1, and then add the “best Value” at a later date. However, if you are participating in a “Beginner” program, you will have a two-week evaluation period in which you may add the “Best Value” option. This does not apply to any “Experienced” programs or leagues. If you are a beginner who would like to add the “Best Value” option, or if you would like to set up a payment plan, please email Linda at [Linda.b@lacrosseamerica.com](mailto:Linda.b@lacrosseamerica.com).

**How do I register:** The easiest way to register is online at [www.lacrosseamerica.com](http://www.lacrosseamerica.com). You may also register by downloading and completing a registration form and faxing/mailling/or dropping off at any Lacrosse America location. To register for multiple locations contact [linda.b@lacrosseamerica.com](mailto:linda.b@lacrosseamerica.com) before signing up on-line.

Lacrosse America Corporate Office:

600 A Waukegan Road, Suite 118, Northbrook, IL 60062

Fax- 847-412-5528

Please register early as many of our programs will fill before the start date.

-Fax/Mail in registrations will not be accepted after programs have filled.

**Am I a beginning or experienced player?** Beginner programs are ideal for any player with little to no lacrosse experience, or players who would like a little more instruction before entering league play. Lacrosse America recommends that players register for both sessions of the beginner program as opposed to a beginner program first session, and moving to an experienced program second session. Our staff monitors beginner programs each week and we move players up once they have developed the necessary skills to be successful in league play. Experienced programs and league play programs are recommended for players with at least one year of lacrosse experience. These programs are designed for players who have a strong grasp of the fundamentals of lacrosse and are looking to elevate their game.

**What is the format of the program?** All youth (K-8<sup>th</sup>) and Beginner programs are a combination of instruction and game play. Youth leagues will start their session with a short drill focusing on individual and team concepts, and finish with a league game. Beginner programs focus primarily on skills and drills, with some scrimmaging. High school leagues consist of game play only, no drills or practice.

**What Lacrosse equipment do I need:** You must have your equipment on the first day, equipment might not be available at the field. Rent or buy from any Lacrosse America Pro-Shop (rental fee - \$50 for one session, \$70 for both sessions). Locations, hours can be found at [www.lacrosseamerica.com](http://www.lacrosseamerica.com), or by calling **847.412.5LAX**. Lacrosse America Retail Locations: Northbrook, Hoffman Estates, Downers Grove

**How will I know my schedule?** We must wait until we have a good idea of the total number of registrations we will have before we can begin to make teams and schedules. Therefore, the first weeks schedule will be posted at [www.lacrosseamerica.com](http://www.lacrosseamerica.com) 3 days before the start of your program. Week 1 will be used for player evaluation and team making. Complete session schedules will be posted once teams are finalized. You may notice that there is a large time slot listed for each program, even though the programs are only one hour or less. Again, this is because we do not know how many registrations we will receive, and thus, how many teams we will have. An exact window will be posted once teams are finalized and game start times for your division will fall within that window each week.

**How are teams made:** Youth teams are made by town and school. If you play spring lacrosse with a town other than the one in which you live, please specify which town you would like to be grouped with. High school teams are made by school attended and grade. If any town or school team grows too large, it will be split into two even teams by lacrosse America staff.

**Can I play up:** There may be opportunities for advanced players to move up a level. If you feel you are qualified to play up, you must request an evaluation from the program director. Register and show up with your ACTUAL GRADE, DO NOT PLAY UP UNTIL YOU HAVE RECEIVED PERMISSION FROM THE DIRECTOR. All final decisions will be made by Lacrosse America staff. Players will only be permitted to move up if there are available roster spots at the next level.

### **Refund Policy:**

Tournament fees are nonrefundable. Refunds requested 10 days prior to the start of a league, program or clinic will be processed less a 50% handling fee. After that date, there are NO REFUNDS. If you need to withdraw due to injury or illness before the start of the program you must present a doctor's note and you will be refunded 50% of your registration fee. Once the program starts and you must withdraw due to injury or illness you will only be issued a pro-rated credit minus the 50% handling fee when a doctor's note is submitted. Specific camps have a refund policy as stated in their brochure. Returned checks are subject to a \$ 25.00 fee. Any request for refunds must be sent to [linda.b@lacrosseamerica.com](mailto:linda.b@lacrosseamerica.com) right away. Refunds will be based on the date and time of the e-mail. Register CAREFULLY!!! We have locations in Northbrook, Libertyville, Barrington, Darien, St. Charles and Frankfort. Please confer with your friends before choosing a location.

**What about weather cancellations:** We do not cancel indoor lacrosse unless the facility closes down. In the event of bad weather, please call the sports complex and verify their status, and please drive carefully. Programs cancelled due to facility closings will not be made up or refunded.